



Prof. HEENA

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QUALIFICATIONS

- NET (JRF)
- SLET
- M.Phil. Sociology
- M.A. Sociology

TEACHING EXPERIENCE

10 Years of Experience in different colleges of Himachal Pradesh.

1. **RGMGC Jogindernagar**
21/09/2015 to 03/03/2021
2. **VGC Mandi**
04/03/2021 to present

ACADEMIC & PROFESSIONAL TRAINING

1. **Induction Training Programme**
Govt. College of Teachers Education, Dharamshala
(20 Feb 2017 – 04 Mar 2017)
2. **Refresher Course – Research Methodology for Social Science & Commerce**
H.P. University, Shimla
(15 Mar 2021 – 27 Mar 2021)
3. **Induction/Orientation Programme – Faculty in Higher Education**
Ramanujan College, University of Delhi
(21 Mar 2022 – 19 Apr 2022)
4. **Tankri Script Training Workshop**
Sardar Patel University, Mandi
(13 Mar 2023 – 22 Mar 2023)
5. **Refresher Course – Managing Online Classes & Co-Creating MOOCs**
Ramanujan College, University of Delhi
(11 Nov 2023 – 25 Nov 2023)
6. **NEP-2020 Orientation & Sensitization Programme**
Central University of Punjab, Bathinda
(19 Aug 2024 – 28 Aug 2024)
7. **Faculty Development Programme – Service Rules & Regulations for Teachers in Higher Education**
SCVB Govt. College, Palampur (Kangra)
(01 May 2025 – 07 May 2025)

RESEARCH PAPER PRESENTATIONS

1. **“Socio-Economic Impact of Tourism on People of Himachal Pradesh”**
Multidisciplinary International Conference, Vallabh Govt. College, Mandi
(10–12 August 2019)
2. **“The Role of Tourism in Women Employment: A Case Study of Kullu District”**
5th Paramhansa Yogananda International Conference, VGC Mandi
(23–24 February 2024)
3. **“Climate Resilience: Collective Actions by Society”**
International Conference on Climate Change & Global Water Scarcity,
Dr. S.R. Govt. Degree College Dharampur, Mandi
(26–27 September 2025)
4. **“Unravelling the Socio-Economic Impact of Natural Disaster: Assessing Community Resilience and Recovery in Himachal Pradesh”**
International Conference on Disaster Management,
Govt. Degree College Dehar, Mandi
(8 November 2025)